

## Matthew 5:4-5

### *The Beatitudes: God's Blessing on Jesus' Disciples (Part 2)*

#### Blessed are those who Mourn (v. 4)

- Meaning
- Examples
- Promise
- Application

#### Blessed are the Lowly (v. 5)

- Meaning
- Examples
- Promise
- Application

## Application of Matthew 5:4-5

1. What does the word “mourn” mean as Jesus uses it in this verse? Both the depth and type of mourning He’s referring to?
2. Look up other references and examples of mourning over sin and its consequences e.g. Jer 13:17; Ezra 10:1-2, 6; Ps 119:136; Luke 19:41-42; cf. 1 Cor 5:1-2; 2 Cor 12:21.
3. Consider the comfort of God who is our comforter (e.g. Is 66:13; 2 Cor 1:2-4; John 14:26 (the description of the Holy Spirit can be “comforter” in this verse)) and who has promised future comfort (eg. Is 61:1-3; Rev 7:17; 21:4)
4. Find some verses describing God’s hatred for sin and ask Him to align His hatred of sin with your own.
  - a. If there’s a particular type of sin you struggle with, are there any specific verses describing God’s view of this sin?
5. Are there any areas in your life you need to stop or slow down your exposure to sin so that you’re not desensitized to it? E.g. movies, video games, social media etc.
6. Look up other translations of this verse and do a word study through Biblehub.com to help understand what “lowly” means.
  - a. Read through Ps 37 for a further description of the “lowly” (note, v. 11 is almost a word for word quote of Jesus’ teaching)
7. Think of examples in Scripture and people you know who demonstrate meekness and seek to learn from these examples.
8. Are you holding on to an attitude of bitterness and hoping for harm to come to those who may have hurt you? Repent of such hostility and ask God for a spirit of meekness (remember meekness is from God, it’s not natural).
9. How can you grow in meekness?
  - a. Can you think of some specific relationships or situations in your life you could respond with meekness (power under control)?

Reading this week: Read Matt 5:3-10 each day this week.

## Sermon Notes for Children (or Children at Heart)

Date \_\_\_\_\_

Pastor \_\_\_\_\_

<u>Book</u>	<u>Sermon Main Points</u> <i>The B _____:</i>  <i>God's B _____ on Jesus' D _____ (Part __)</i>	<u>Other Bible References:</u> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<u>Chapter</u>	Blessed are those who M _____ (v. __)  Blessed are the L _____ (v. __)	
<u>Verses</u>		

### Words you heard during the sermon (tally each time)

God/Yahweh/ Father	Christ/Jesus/Lord	Blessed/Happy	Meek(ness)	Mourn(ing)/ Grieve	Sin

What is the message about? \_\_\_\_\_

How can you do this? \_\_\_\_\_

What/who can you pray for? \_\_\_\_\_

Draw a picture related to the message: