

Colossians 4:2-4

A Praying Life

Steadfast Prayer (v. 2a)

Watchful Prayer (v. 2b)

Thankful Prayer (v. 2c)

Intercessory Prayer (vv. 3-4)

Application of Colossians 4:2-4

1. Reflect on your relationship with God as Father, for this is foundational to understanding and practicing Christian prayer. You may choose to meditate on relevant passages e.g. Rom 8:15; 1 John 3:1; Matt 6:26; 7:9-11; 2 Cor 6:18; John 1:12; 14:23
2. What is your prayer life like, both in the time you set aside to be alone with the Lord and in praying throughout the day? What might this reveal about your relationship with God? What practical ways may you be able to grow your relationship with the Lord and grow your prayer life?
3. When you pray is it often out of relationship or ritual? Are you in communion with the Father or communicating with an object? You may need to repent of a faulty view of prayer and ask God to teach you to pray (see e.g. Matt 6:5-13)
4. Consider the prayer life of Jesus and Paul and write down aspects of their prayer life. Use this as an example for your own prayer life, asking God to help you pray as they did.
5. Be watchful in prayer by thinking of other believers you know who might be struggling spiritually and pray for them. Being “watchful” also implies being involved in people’s lives so you know how to pray for them and what struggles they may be dealing with.
6. Ask God to give you a heart of gratitude and practice thanksgiving in prayer. While it may seem forced at times or initially, as you build this into your relationship with the Lord, you’ll automatically respond with thanksgiving for what God has done, whether this is big or small.
7. This week think of missionaries, people in hospital, and other believers and pray God would open doors for His Word, the Gospel, to be preached. Ask God to also give you a perspective on prayer and the Gospel like Paul, who though he was in prison focused on spreading the “mystery of Christ” (see Col 3:3-4 and Phil 1:12-18)

Reading this week: Read through Col 4:2-6

Sermon Notes for Children (or Children at Heart)

Date _____

Pastor _____

<u>Book</u>	<u>Sermon Main Points</u>	<u>Other Bible References:</u>
	A P _____ L _____	_____
<u>Chapter</u>	S _____ P _____ (v. 2a)	_____
	W _____ P _____ (v. 2b)	_____
<u>Verses</u>	T _____ P _____ (v. 2c)	_____
	I _____ P _____ (vv. __-__)	_____

Words you heard during the sermon (tally each time)

God/Father	Christ/Jesus/Lord	Life	Paul	Pray/Prayer/Praying	Thanks/Thankful/Thanksgiving

What is the message about? _____

How can you do this? _____

What/who can you pray for? _____

Draw a picture related to the message: